

# RED RIBBON WEEK

OCT.23-27, 2017



## YOUR FUTURE IS KEY SO STAY DRUG FREE

Oct.23-27, Charles Reed will be participating in Red Ribbon Week which promotes having a drug-free life. Each day has a different theme to help up promote awareness. We will be focusing on 5 Key principles that can lead us to having successful futures.

**Monday – Redresponsibility Day - Wear red** today to kick-off red ribbon week.

Principle Key: Responsibility

Theme: being responsible through keeping yourself and others safe by being drug free and a Standupper not a bystander

**Tuesday – Team up Day** – wear your favorite team shirt

Principle Key: Mentor Relationships and Positive peer influence

Theme: Team up against drugs and alcohol, being involved in a team activity, + relationships

**Wednesday – Belief Day-** Wear your favorite Quote.

Principal Key: Believe in Yourself and positive self-talk

Theme: Think positive messages and believe in them and yourself

**Thursday – Goal Day** – Dress as what you want to be/do in the future.

Principle Key: Have Goals and Passions

Theme: Having a goal to achieve your dreams will keep you drug free and lead to success

**Friday – Resilience Day** - Wear your sweatpants/jogging outfits whatever makes You feel calm and peaceful

Principle Key: resilience

Theme: keep getting up and bouncing back through your passion/focus/be calm

